

DO THIS AT HOME
The “Perfect Pair”

Try this activity at home to reinforce what your child learned about working in pairs and helping others.

What Your Child Will Learn

When your child learns how to work in pairs or small groups and take turns serving as a peer model for others, she has a chance to feel confident about what she can do. Social and emotional development thrives when your child develops self-confidence and self-esteem and sees herself as highly regarded and appreciated by others.

Materials Needed

magazines
scissors and tape
paper or cardboard

What to Do

- ▶ With your child or children, talk about what the word “pair” or “partner” means.
- ▶ Ask what kinds of things they like to do in pairs; such as reading a special book with Grandma, playing a favorite game with a cousin, or kicking a soccer ball with a friend in the neighborhood.
- ▶ Now, talk about other objects that go well together such as “peanut butter and jelly,” “cereal and milk,” “a sneaker and a sock,” and so on. Ask your child to come up with ideas that make a good pair.
- ▶ Next, look through (child-friendly) magazines together to find objects that go well together or draw pictures instead.
- ▶ Glue your matching pictures side-by-side on paper or cardboard while you talk about some friends they might like to find more time to get to know.
- ▶ Set up a plan to invite the new friend to join your child in play, and watch as a special new pair of friends forms!
- ▶ As a bonus, take pictures of your child and his new friend and add them to the collage of perfect pairs.

*You can download this activity and the other at-home activities in this book at
www.centerforresilientchildren.org/SSES.