

DO THIS AT HOME

The Best Messenger

Try this activity at home to reinforce what your child learned about keeping good communication between school and home.

Materials Needed

8 ½" x 11" card stock
markers
Velcro® or tape

What to Do

- ▶ Talk to your child about why it is good to talk to her teachers and other important people in her life about the things she does at home.
- ▶ Explain that together, you are going to make a bracelet that will help her remember when she has something important to share with the caring adults in her life!
- ▶ To create your child's bracelet, cut the card stock into a thin strip approximately two inches wide.
- ▶ Print words on the strip that will help your child remember what she has to share:
 - "I want to share something."*
 - "I have good news!"*
 - "Ask me about..." (or another caption of your choice)*
- ▶ Use Velcro® or tape to secure the ends, making sure it is big enough to slide on and off easily.
- ▶ Help your child put on the bracelet when she has something important to share with others. It will help her remember!

*You can download this activity and the other at-home activities in this book at www.centerforresilientchildren.org/SSES.