

# Resilient Leadership Online Training Program

*Empowered Leaders. Resilient Teams. Thriving Programs.*



If you work in the human service field and supervise staff, you know the challenges that come with leadership. Leading teams can be difficult and leading teams during times of change or crisis can feel overwhelming. The science of resilience helps us to understand what skills, behaviors, and attitudes are essential to navigate challenges and lead in ways that help our teams “bounce back” and move forward.

Individuals as well as leadership teams are invited to join Nefertiti B. Poyner, Ed.D., and Rachel Wagner, MSW, as they deliver a unique, six part, webinar-based professional development experience focusing on resilient leadership. During this program, participants will develop resilient leadership abilities using a process of self-assessment and intentional reflective practices. The program will foster skills and competencies in leaders who in turn can foster a culture of resilience amongst those they serve.



**Nefertiti B. Poyner, Ed.D.**  
*Early Childhood Specialist &  
National Trainer*



**Rachel Wagner, MSW**  
*Early Childhood Mental Health  
Specialist & National Trainer*

## Webinar Session

- #1 – *Introduction to Resilient Leadership*
- #2 – *Focus on Relationships*
- #3 – *Focus on Internal Beliefs*
- #4 – *Focus on Initiative*
- #5 – *Focus on Self-Control*
- #6 – *Conclusions/Reflections on Resilient Leadership*

For programs interested in this training for their leadership teams, sessions can be scheduled to meet the needs of your staff. Typically, we look at having two weeks in between each session, but can be flexible in the design!

## Participants of the Resilient Leadership Online Training Program will:

- Complete a self-assessment using the Devereux Resilient Leadership Survey (DERLS), a research-based tool that focuses a leader's attention to four important protective factor areas, including: Relationships, Internal Beliefs, Initiative and Self-Control
- Participate in six, interactive webinar sessions (each session will be recorded and accessible if scheduling conflicts cause a participant to miss the live delivery)
- Implement a personalized action plan based on the results of their DERLS to enhance their leadership practices
- Receive inspirational and motivational communications from the training facilitators throughout the duration of the program

*This innovative experience will offer participants an opportunity to engage with an online learning community of fellow leaders, as well as an opportunity to take time on their own in between sessions to pause, reflect, and focus on the resilient leadership topics presented.*

Prior to participation in the Resilient Leadership Online Training Program, participants will receive via mail:

- Resource folder, which will include printed resources and room for you to add materials as we go! The folder will include a copy of:
  - Resilient Leadership Strategies Booklet
  - Resilient Leadership Action Packet
  - Handout Packet for Webinar Session #1
  - A copy of *Building Your Bounce: Simple Strategies for a Resilient You*



For questions or information about pricing or the training, please contact Debi Mahler at [dmahler@devereux.org](mailto:dmahler@devereux.org) or (610) 574-6141

# What are people saying about this program?

The presenters are excellent; they obviously know what they are talking about. This information rings so true for me. We had a tragedy in our program this fall and our staff came through it because of their care for the family and each other. So I think what I like most, is that it is relatable.

I felt so encouraged by the caring-ness of the presenters and the belief they communicated that I can do this! They made everything very accessible. I love how positive and caring they are in how they spoke during the entire webinar. Instead of feeling tired, I feel refreshed!

Fantastic information and presentation! Both presenters are relatable, funny, interesting and enjoyable to listen to. I really appreciate how they present the concepts and then follow up with real-world situations and/or applications! This is what makes the webinar go by quickly and keeps it relevant!

Good content for those needing some help in building their teams and how to begin supporting others well. I can clearly see who on my staff could benefit from going through this training as professional development!

I enjoyed the live presentation, the information discussed, the ability to interact and give feedback during the webinar, the handouts, the books and the assignments.

The presenters are excellent! Very pleasant! Very informative! Very genuine and sincere! They really make me look forward to participating.

I enjoyed being in a learning community through the internet, the content shared with members of my work team, the inspirations and additional information provided after each webinar.

Our Senior Management team went through the training together. Our discussions, prompted by the materials, were rich and extensive. We made great strides in working together toward common goals for the greater good.

*Have questions or just want to learn more?*  
Contact DCRC Director of Professional Development Debi Maher at  
[dmahler@devereux.org](mailto:dmahler@devereux.org) or (610) 574-6141