The DECA-T is designed to help support and build upon these within-child protective factors:

### Attachment/Relationships
The mutual, strong, long-lasting relationship between a toddler and significant adults, such as parents, family members and teachers

- Show affection for familiar adults
- Smile at familiar adults
- Act happy with familiar adults
- Show pleasure when interacting with adults
- Smile back at familiar adults
- Seek comfort from familiar adults
- Express a variety of emotions
- Reach for familiar adults
- Make needs known to a familiar adult
- Accept comfort from a familiar adult
- Act happy when praised
- Make eye contact with others
- Make others aware of his or her needs
- Show interest in his or her surroundings
- Respond to his or her name
- Respond when spoken to
- Enjoy being cuddled
- Enjoy interacting with others

### Initiative
The toddler’s ability to use independent thought and action to meet his or her needs

- Show concerns for other children
- Try to comfort others
- Play make-believe
- Try to clean up after him or herself
- Show preference for a particular playmate
- React to another child’s cry
- Ask to do new things
- Play with other children
- Participate in group activities
- Try to do new things for him or herself
- Follow simple directions

### Self-Regulation
The toddler’s ability to actively control arousal and his or her response to it

- Handle frustration well
- Accept another choice when the first choice is not available
- Adjust to changes in routine
- Calm him or herself
- Easily follow a daily routine
- Have regular sleeping patterns
- Easily go from one activity to another

*Want to learn more about protective factors and the DECA Program? Visit our website at [www.centerforresilientchildren.org](http://www.centerforresilientchildren.org) today!*