

DO THIS AT HOME
Our Parade of Flags

Try this activity at home to reinforce what your child learned about how his self-confidence can be boosted by expressing himself freely.

What Your Child Will Learn

This activity gives your child a chance to express himself and strengthen his language skills. Parading around the home, backyard, park, neighborhood, or other special place with you to show off his special creation will help his self-esteem flourish, which is an important part of strong social and emotional health.

Materials Needed

crayons
creative art material (pipe cleaners, pom-poms, glitter, and so on)
empty paper towel roll
glue
markers
paper
scissors

What to Do

- ▶ Encourage your child to make a flag that represents who he is, things he enjoys doing, drawings of family members, favorite colors, and so on.
- ▶ Provide your child with a variety of creative art materials, and let him decorate his flag any way he likes.
- ▶ When your child has finished his flag, attach it to the empty paper towel roll.
- ▶ Take your child for a walk through the house, backyard, park, or neighborhood and let him display his flag for all to see!

*You can download this activity and the other at-home activities in this book at
www.centerforresilientchildren.org/SSES.