

## DO THIS AT HOME

# Our Family Flag

Try this activity at home to reinforce what your child learned about being part of a larger community.

### What Your Child Will Learn

Your child needs to understand that she is part of a larger community. As you work together on a collaborative task such as this, there are many opportunities to talk about how your hands and feet can come together to do good things! Talk about volunteering, serving, and helping others in need, and even working together to clean up! Your child's social and emotional skills will continue to thrive as you help celebrate each individual, while also focusing on the strength of the group as a whole.

### Materials Needed

hand soap	paint brushes
large bowls	paper towels
large piece of butcher paper	tempera paint

### What to Do

- ▶ Explain to your child that together you will make a flag that represents your family, using your footprints and handprints.
- ▶ Show the child an American flag and examples of other flags, explaining what the colors and symbols on the flag indicate.
- ▶ Ask your child what colors he would like the flag to be, and if he would like to include any pictures or symbols.
- ▶ Once your child has decided on the colors, pictures, and symbols, you are ready to begin. Prepare a bucket/bowl of warm, soapy water. Have a towel nearby. Lay the butcher paper in an open area or outdoors.
- ▶ To make the footprints, have your child remove his socks and shoes. Paint the bottom of his feet with his choice of tempera paint. Have your child stand on the butcher paper to make his footprints. Repeat the procedure for your child's handprints, encouraging him to place his handprints wherever he desires.
- ▶ Encourage your child to express his creativity in designing the flag.
- ▶ Invite all family members to add their feet and hands as well, if possible!

\*You can download this activity and the other at-home activities in this book at [www.centerforresilientchildren.org/SSES](http://www.centerforresilientchildren.org/SSES).