

DO THIS AT HOME

Message Center

Try having a “Message Center” at home to make your child feel special!

Materials Needed

crayons, markers, pencils, construction/wrapping paper, and other decorative items
paper
shoe box
small envelopes (optional)

What to Do

- ▶ Invite your child to decorate the shoe box with you. The shoe box can be covered with wrapping paper, construction paper, or contact paper. Don’t forget to cut a small opening in the lid so that family members and friends can drop their notes into the box.
- ▶ Set up the message center with art materials (e.g. pencils, crayons, markers) for writing notes and/or drawing pictures.
- ▶ Encourage your child to “write” and send greetings to you and other family members. Respond to each message to show that you care!

*You can download this activity and the other at-home activities in this book at www.centerforresilientchildren.org/SSES.