

# A Healthy Climate

As adults, the places where we spend our time have a big impact on our feelings and our behavior. Think of a place where you love to shop and one where you don't and answer the questions below to see how they make you feel and behave.



Think of a place where...

You **love** to shop...

(Write the qualities of a store you like)

Most likely, the place you **like** has helpful staff, enough but not too much product, is organized and clean, etc.

How do you feel in this setting?

What is your behavior like in this setting?

You **do not like** to shop...

(Write the qualities of a store you dislike)

Most likely, the place you **don't like** is noisy, has rude and inattentive staff, is dirty and disorganized, etc.

How do you feel in this setting?

What is your behavior like in this setting?