

# FLIP IT!®

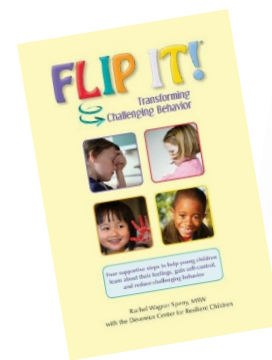
Transforming  
Challenging Behavior

## Online Course 2<sup>nd</sup> Edition

Teachers and parents can help children learn about their feelings and gain self-control by using the mnemonic:

### **F – Feelings, L – Limits, I – Inquiries, P – Prompts**

These four steps transform challenging behavior using a simple, kind, strength-based, commonsense and effective process. *FLIP IT* is nothing new, but transforms best practice into a strategy that is easy to remember and portable. *FLIP IT* teaches adults how to respond positively to everyday challenges and challenging behaviors in children ages three to eight.



### **Learn this evidence-based strategy *online* at your own pace!**

The *FLIP IT!* Online Course, 2<sup>nd</sup> Edition teaches the four supportive steps of *FLIP IT* in an online learning format. The course can be completed over time, on your own time, and not all in one sitting! It has a running time of approximately 2.5 hours. The cost of the course is \$30.00/person. For more information or to purchase, go to [www.MoreFLIPIT.org](http://www.MoreFLIPIT.org). You can also access our FREE DEMO!



### **Research Supports *FLIP IT!***

An independent evaluation of the *FLIP IT* strategy, conducted by the Center for School-Based Mental Health Programs at Miami University, found that *FLIP IT* appears to be an effective method for decreasing children's challenging behaviors and increasing children's ability to express emotions and manage behaviors in healthy ways. In addition, parent-child relationships improved steadily across a six-month period after parents learned this simple and effective strategy for transforming challenging behavior.

*"The FLIP IT! Online Courses have been going great. I bought one for each of our classroom teachers ... They really like the idea that they can complete it in sections when they have free time..."*

– Sue West, Head Start Planning Specialist, Opportunities for Otsego (NY)

*"After a month of FLIP IT, my son told me that I don't yell anymore."*

– A stressed mother of a four year old boy, (MA)

Volume Pricing: For 10-49 Individuals = \$27.00/person, For 50+ Individuals = \$24.00/person

Have questions or interested in licensing the course for large programs/organizations?

Contact Debi Mahler at [dmahler@devereux.org](mailto:dmahler@devereux.org).