

FLIP IT![®]



The FLIP IT Hybrid Experience

*A Week-Long Event Focused on Transforming
Challenging Behavior in Young Children (Ages 3-8)*

FLIP IT is an evidence-based strategy that offers a simple, kind, strengths-based, commonsense, and effective four step process for addressing young children's day-to-day challenging behaviors. The four steps are embodied in the FLIP mnemonic, which stands for F – Feelings, L – Limits, I – Inquiries, and P – Prompts. FLIP IT is nothing new, but transforms best practice into a strategy that is easy to remember, applicable in a variety of situations, and portable. As adults continue to navigate the stress and trauma of a global pandemic, national unrest and a host of daily life challenges, it is critical that we acknowledge how young children are also impacted. Children's challenging behaviors communicate important information about their feelings and overall well-being. The FLIP IT strategy can help adults better understand how to support children during these tumultuous times. Learning the FLIP IT steps is simple, and practicing the steps on a regular basis is the key to success.

To support this learning process, the Devereux Center for Resilient Children (DCRC) is now offering a week-long hybrid experience of both group and individual learning sessions to support all adults (parents, teachers, any professionals working with young children) through the process of learning and practicing, so that the FLIP IT strategy simply becomes part of how adults interact with children on a daily basis. This learning approach includes multiple components to help reinforce the FLIP IT concepts.

Participants will become part of a learning community through:

- Attendance at two, live virtual sessions with the FLIP IT author Rachel Wagner, MSW
- Engagement in the self-paced FLIP IT Online Course
- Review of concepts and exploration of scenarios by reading the FLIP IT book
- Practicing the strategy with the support of weekly videos that bring the FLIP IT strategy to life

Who should sign up for this experience?

All adults who love and care for young children (ages 3-8) are invited to participate. This introductory level experience requires no prior knowledge or use of FLIP IT, or any other positive guidance/behavior management strategies. The only prerequisite for participants is a willingness to engage and schedule protected time to participate in two live webinars, and take the self-paced course. For anyone already familiar with the FLIP IT strategy, this experience would serve as a review/refresher.

Registration Fee
\$129 per person

Head to our website to see when our next delivery takes place!