

Socially Strong
Emotionally Secure

Feeling Photos

~ for use with activities in the book titled ~

*Socially Strong, Emotionally Secure: 50 Activities to
Promote Resilient in Young Children,*

by Nefertiti Bruce and Karen B. Cairone with the Devereux
Center for Resilient Children

To order this resource, go to www.gryphonhouse.com.

Excited Emily



Oh boy is Emily **excited!** Emily's birthday is coming up and she can't wait. All of her family and friends are coming over for her birthday party.

Feeling **excited** means feeling really happy - like you want to jump and shout with joy.

Nervous Naheema



Naheema feels nervous. A new visitor has come to her classroom to read a story to the class.

Feeling nervous means you feel unsure or worried about something.

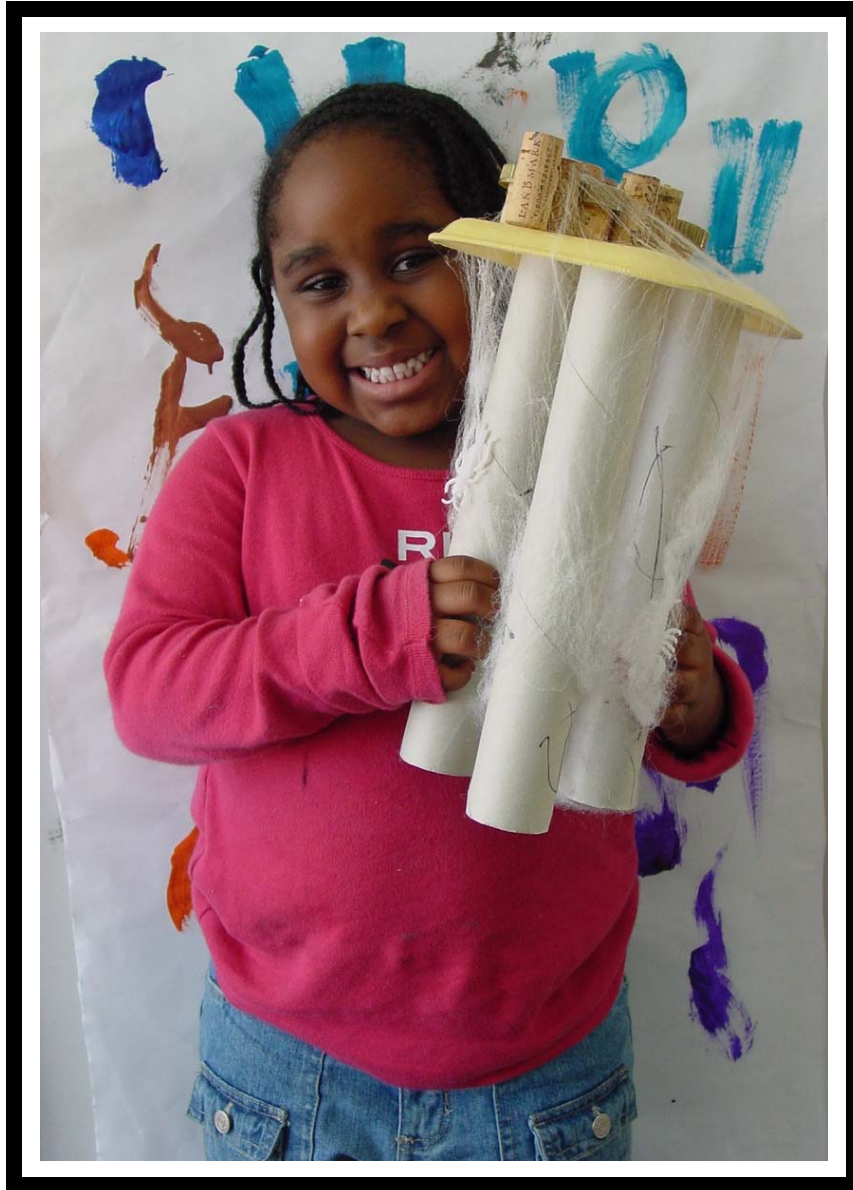
Loved Lincoln and Leslie



Lincoln and Leslie are best friends. This friendship makes them **feel loved**.

Feeling **loved** means you feel like someone really cares about you.

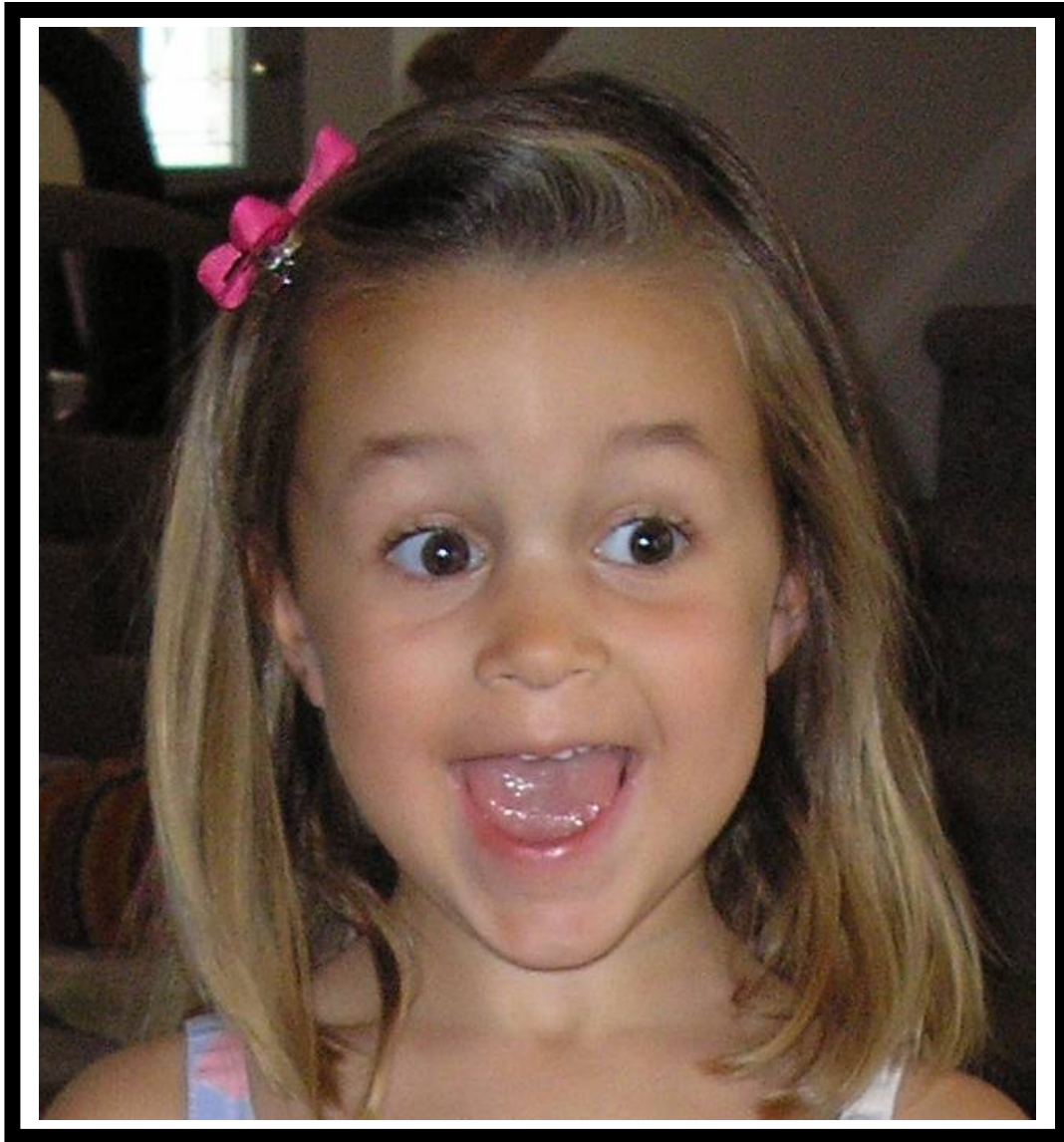
Proud Pauline



Pauline feels proud. Pauline worked very hard to make this art project.

Feeling proud means you feel good about yourself or something you have done.

Surprised Sabrina



Sabrina feels **surprised**. Her grandmother has just brought her a brand new stuffed animal.

A person feels **surprised** when something happens that they didn't know was going to happen.

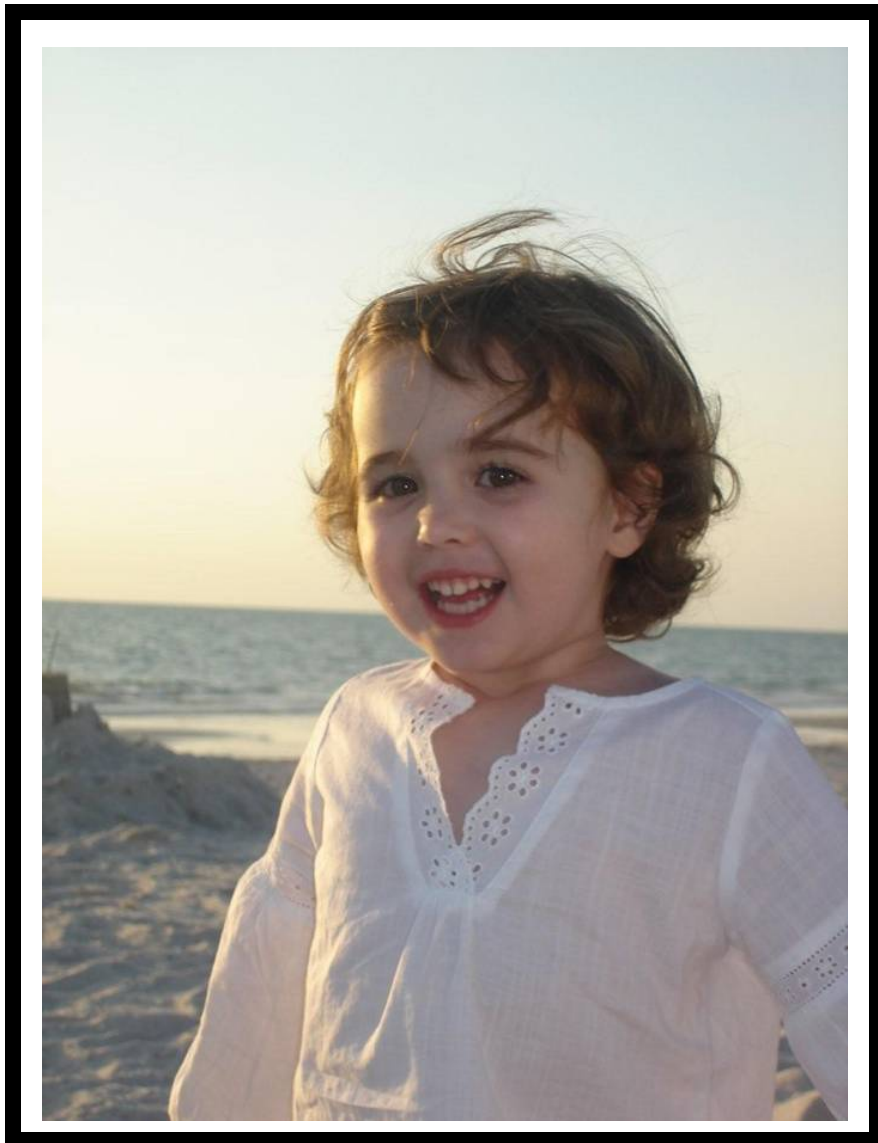
Tired Tiffany



Tiffany feels tired. She is ready to take a nap.

Feeling tired means you feel sleepy or like you don't have very much energy.

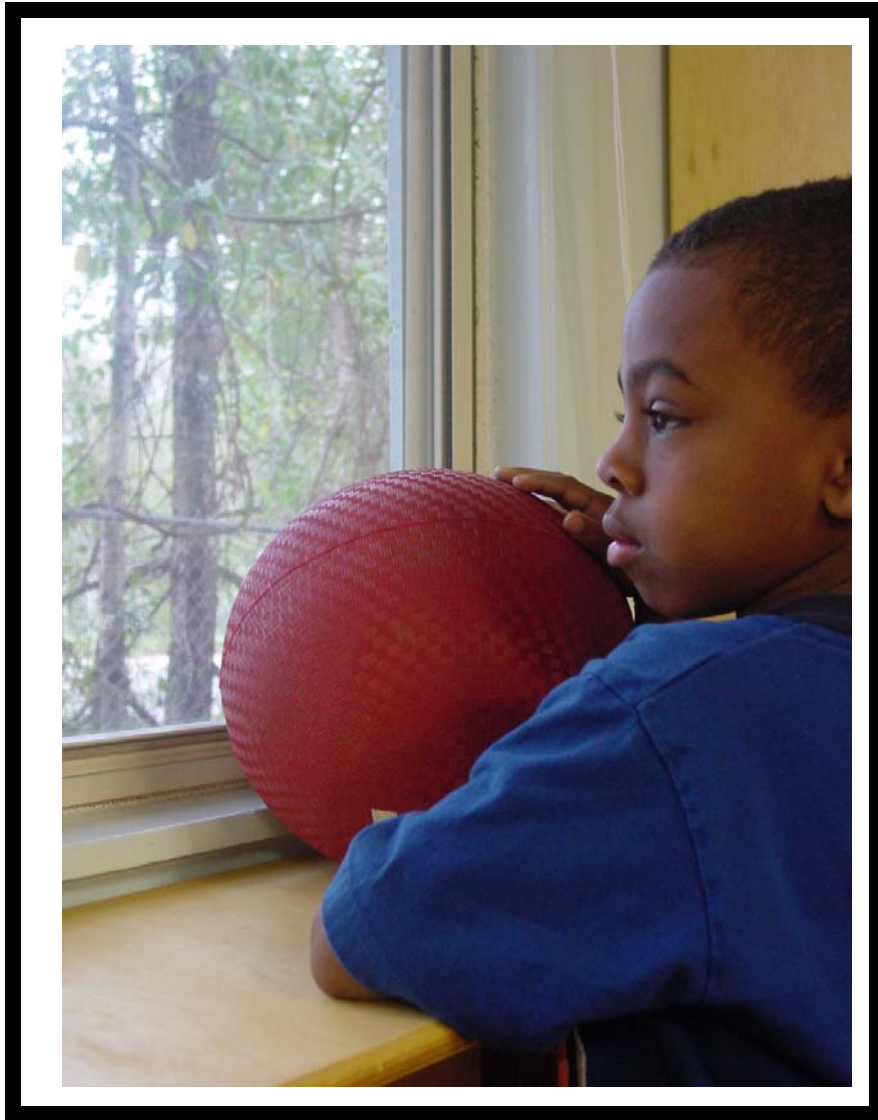
Happy Hanna



Hanna feels happy. It's a beautiful day outside and Hanna loves to play outside.

Feeling happy means you have feelings of great joy and pleasure.

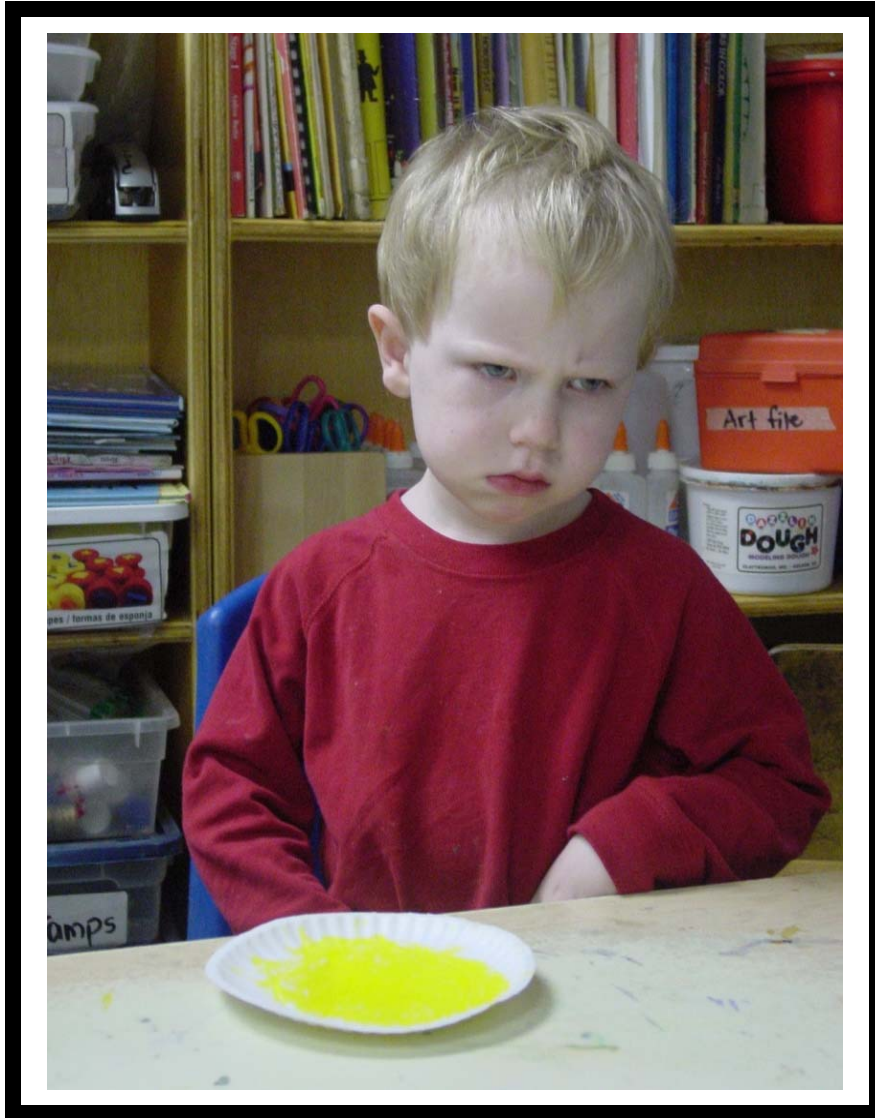
Lonely Lionel



Lionel feels lonely. All of his friends are outside playing, but Lionel's mother said he could not go outside to play.

Feeling lonely means you feel alone or missing someone you love or care about.

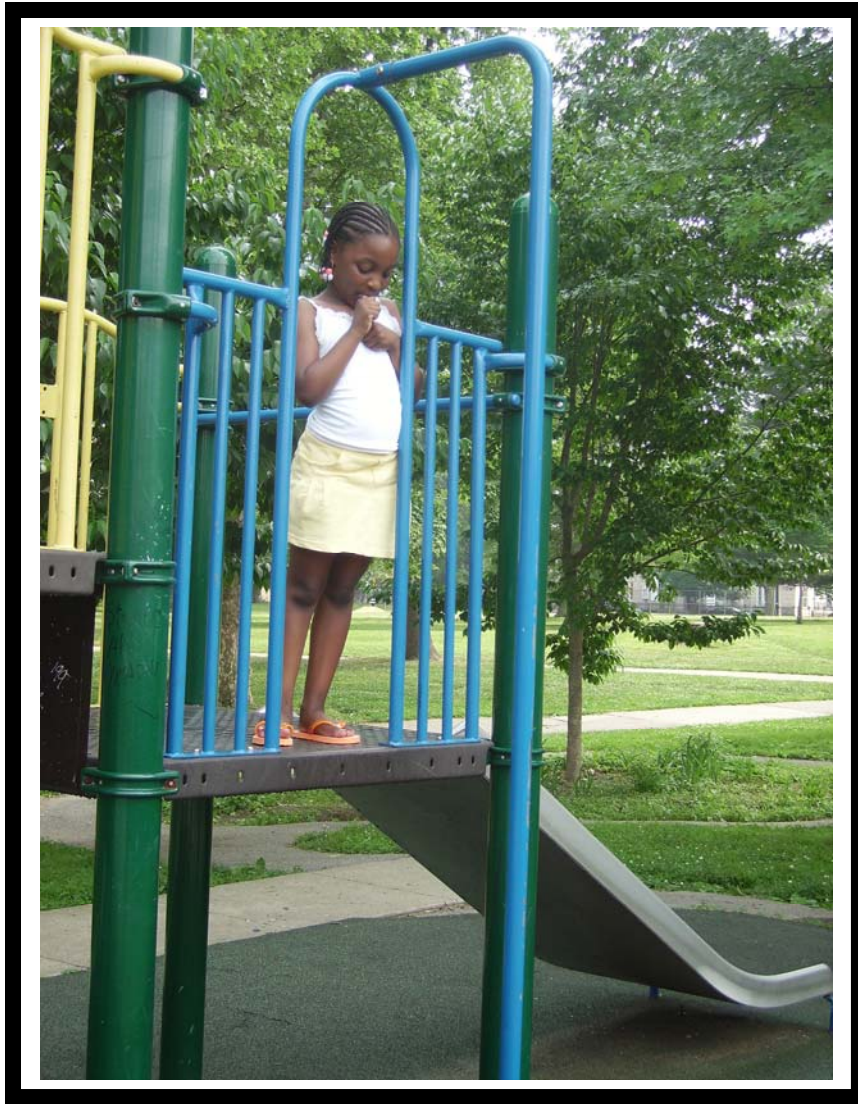
Angry Adam



Adam feels angry. Adam wants to use red paint but there is only yellow paint left.

Feeling angry means to feel painfully hurt, upset or really mad.

Afraid Ariana



Ariana feels afraid. She wants to go down the sliding pole but has never done it before.

Feeling afraid means to feel scared, like something bad might happen.