



Professional Development Webinar Events

The Devereux Center for Resilient Children (DCRC) offers a comprehensive library of professional development events that can be delivered via distance learning technology. These virtual professional development events can be designed to support small groups or hundreds of participants, all in different locations. Customization includes:

Audience: Webinars target teaching staff, administrators, families and mixed groups.

Length of Time: Webinars vary from a one hour, one-time event to a series of three or more sessions over the course of a certain time.

Assignments/Competency: Programs that require participants to demonstrate competency in meeting learning objectives can request online competency assessment access.

Resilience Trainings

Resilience – bouncing back from adversity – is a critical skill for children as well as the important adults in their lives. DCRC offers webinar trainings that focus on the resilience of children, staff, families and leaders. DCRC resilience trainings include research-based and practical information about the science of resilience. Programs can customize events to focus on any combination of the following areas:

- **Child Resilience:** Training focuses on understanding key social and emotional skills related to a child's resilience as well as the practical, everyday ways that resilience is promoted. Strategies to promote the resilience of young children (Infants/Toddlers/Preschoolers) within both classroom and home settings is covered.
- **Adult/Staff Resilience:** Resilient children need resilient adults. Staff who are overwhelmed and burning out find themselves struggling to provide the level of care that children need. Training focuses on the critical connection between the health and well-being of staff and the children in their care. A self-reflective adult resilience tool is used to help each individual participant reflect on their personal strengths and goals and set an adult resilience plan in action.
- **Family Resilience:** Partnerships with families is a foundational element of supporting the resilience of children. Training focuses on how to engage families in understanding what resilience is, why it is so important for a child's success in school and life, and how to use ordinary moments of every day to promote the resilience of children. Participants are introduced to a variety of tools that they can share with families.
- **Resilient Leaders/Coaches:** Being part of the team that leads a social service agency comes with tremendous responsibility. Learning to lead in ways that inspire staff to take care of themselves and the individuals they serve is critical. This training focuses on helping those who lead find new ways to think about problem-solving, team-building, and even embracing challenges and crises as learning opportunities.

Ready to schedule a training?

Contact Debi Mahler, Director of Professional Development, at dmahler@devereux.org!

Devereux Early Childhood Assessment (DECA) Program Trainings

The Devereux Early Childhood Assessment Program is a strength-based assessment and planning system designed to promote resilience in children from infancy through age 5. The comprehensive program offers a five-step process that emphasizes how quality environments impact children's resilience-building skills, the importance of adult interactions, as well as the need to use data to inform resilience-building strategies. Virtual DECA Program trainings are customized to meet program needs and can focus on the following areas:

- **Child Resilience:** Training focuses on understanding the science of resilience and its practical application to strengthening the resilience of infants, toddlers and/or preschool-age children. Programs specify the ages served by their agency.
- **Scoring and Interpreting Assessments:** Training focuses on understanding how to score and interpret the assessment results from the DECA Infant, Toddler and/or Preschool forms. Training also addresses paper scoring or interpreting the scored results from the e-DECA, the web-based assessment system.
- **Using DECA Results to Plan:** Training focuses on helping teachers to plan resilience-building activities in the classroom for both individual and groups of children.
- **Family Involvement:** Training focuses on engaging families in resilience-building activities including how to support parents through the assessment process and how to help parents see the ordinary magic of everyday routines and activities as the perfect opportunities to promote a child's social and emotional skills.
- **Evaluating Progress:** Training focuses on looking at assessment data to gauge progress as well as other qualitative forms of progress monitoring.
- **Adult Resilience:** Training focuses on the health and wellness of staff as a critical component to promoting the resilience of children in their care. A self-reflective tool is used to take participants through a reflective process and to begin creating their personal adult resilience-building plan.

NEW!

- **How to Coach DECA Program (Birth through Five) Implementation, A Best Practices Webinar Series:** Offered as a national event, this 10-session webinar series is for those who are in a role of supporting teachers with implementation of the DECA Program. During this webinar series, participants will learn skills, strategies and tips to help support and coach teachers through the required steps of implementing the DECA Program. This virtual training experience can also be facilitated for your program, on dates and times that work for your staff!

DECA-C (Clinical) Training

- **Optimize Your Use of the DECA-C:** The DECA-C (Clinical) is a standardized, norm-referenced behavior rating scale that evaluates behaviors related to social and emotional resilience and concerns in preschool children ages 2 through 5. This tool is designed to support early intervention efforts to reduce or eliminate significant emotional and behavioral concerns in preschool children. The DECA-C can be used to (1) guide interventions, (2) identify children needing special services, (3) assess outcomes, and (4) help programs meet IDEA, Head Start and similar requirements. Learn about this assessment and how to use it in this webinar training.

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FLIP IT! Transforming Challenging Behavior

FLIP IT® is a strategy that offers a simple, kind, strength-based, commonsense and effective four step process to address children's day to day challenging behavior. The four steps are embodied in the *FLIP IT* mnemonic which stands for F – Feelings, L – Limits, I – Inquiries, and P – Prompts. *FLIP IT* teaches staff about four supportive steps that can be used to help young children learn about their feelings, gain self-control and reduce challenging behavior. This training can complement the use of the DECA Program or can be a stand-alone training. Virtual options include:

- ***FLIP IT! Transforming Challenging Behavior Training***: Facilitated by the author of *FLIP IT* Rachel Wagner, MSW, this virtual training experience will introduce the philosophy of *FLIP IT* and walk participants through the four steps of understanding and applying *FLIP IT* in everyday practices with young children (ages 3-8).
- ***FLIP IT! Online Course, Second Edition***: Learn to *FLIP IT* at your own pace with the *FLIP IT! Online Course, 2nd Edition*. The entire length of the course is approximately 2.5 hours including interaction, reflection, application of skills learned with *FLIP IT* and a final assessment (final assessment not included in the Participant version). Most importantly, this course can be taken module by module and not all in one sitting. More information about this course can be found here: [*FLIP IT! Online Course, 2nd Edition*](#)
- ***Advanced FLIP IT! Transforming Challenging Behavior Training***
Has your program received *FLIP IT* Training and looking for more opportunities to practice FLIPPING? This webinar opportunity provides additional opportunities to build skills in mastering the *FLIP IT* strategy.

Building Your Bounce: Promoting Adult Resilience

DCRC's *Building Your Bounce* content offers a focus on promoting the health and well-being of all adults who parent, nurture and/or work with young children. These sessions will emphasize how important it is that adults take care of themselves and promote their own social-emotional health; how the social-emotional well-being of adults impacts the children in their care in both positive and negative ways; and specific, simple and inexpensive strategies to reduce stress and promote one's own social-emotional health.

- ***Building Your Bounce: Simple Strategies for a Resilient You Training***: This virtual training provides an educational and inspirational message for professionals working with children. Using the Devereux Adult Resilience Survey (DARS) published by the Devereux Center for Resilient Children, this training offers a fun way for caregivers to recognize the importance of their own resilience and how it relates to their ability to provide quality care to children. Get ready to reflect, laugh and have fun! This can be delivered to parent audiences as well!
- ***Building Your Bounce Professional Development Learning Series Train-the-Trainer Sessions***: For those in a role of providing training and coaching to teachers and others who support children and families, this opportunity may be perfect for you! We will email each participant three recordings and handouts that can be used in LIVE group training sessions. Then, we will deliver two webinar sessions that teach participants best practices around using this series with staff and with families.

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Building Your Bounce and FLIP IT Combined

- **Take Care of YOU, Take ON Challenging Behaviors Webinar Training:** Working with children who use challenging behavior can be stressful for the adults who care for them and care about them. In this interactive webinar experience, participants will learn about the importance of adult resilience as it relates to caring for others. Participants will explore behaviors associated with adult resilience and learn simple strategies to promote resilience in their own lives. Participants will next learn the four steps of the successful child strategy called *FLIP IT* (Feelings, Limits, Inquiries and Prompts) and how to use this effective strategy with young children. Lastly, participants will also explore the application of the *FLIP IT* Strategy (Feelings, Limits, Inquiries and Prompts) to their own lives in an effort to build resilience and be ready to FLIP the script on challenging behavior with children.

Building Resilience and Healing from Trauma in Early Childhood Settings

- **Building Resilience and Healing from Trauma in Early Childhood Settings Webinar Training:** All children need a strong social and emotional foundation to support their health, happiness, and success in school and life. However, young children who have experienced trauma and toxic stress are more likely to face challenges that interfere with and undermine the likelihood of their well-being and future happiness and success. The goal of this webinar is to raise the awareness of participants around what trauma is and what the impact of trauma and toxic stress looks like in both young children and adults. Participants will learn about the impact of early childhood trauma and toxic stress on brain development and behavior, as well as explore specific trauma-sensitive approaches and strategies and gain an understanding of how resilience-building practices support healing. This webinar will also focus on the well-being and resilience of the adults who care for young children who have experienced trauma and toxic stress.

Your Journey Together

Your Journey Together (YJT) is a strength-based parenting curriculum designed to promote the social and emotional well-being and resilience of vulnerable children birth through five years old and their families. The curriculum is based on 29 stepping stones, which are 10-15 minute lessons that can be used in the context of work with families, both in home visiting and in group settings. *Your Journey Together* is a great resource that can complement programs using the DECA Program but can also be used independent of DECA. Virtual training options include:

- ***Your Journey Together* Recorded Webinars:** This option would offer access to four recorded webinars that would provide background information on each of the modules of *Your Journey Together*. While the webinars will not review specific lessons found in the *Your Journey Together* Curriculum, they will provide rich content on resilience of children, adults and caregiving environments that will set the stage for using the curriculum with families. More information about purchasing these recorded webinars can be found here: [*Your Journey Together* Recorded Training Series](#)
- **LIVE *Your Journey Together* Webinar:** This webinar experience will take participants through the mechanics of implementing the YJT Curriculum. Topics for this live session will include a walkthrough of sample lessons associated with each module, effectively using parent handouts and leave behind activities and tips for effective coaching.

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