

Consistency

Do some things the same way everyday with children.

1. I will provide predictable routines.
2. I will stay close by.
3. I will do what I say I am going to do.
4. I will recognize my child's strengths.
5. I will provide safe and loving limits.
6. I will provide positive guidance when responding to challenging behavior.
7. I will limit the number of caregivers in and out of our home.
8. I will positively manage my own difficult emotions.

Attuned Relationships

Be in sync with the wants and needs of children.

9. I will provide safe and gentle affection.
10. I will encourage the use of favorite comfort items.
11. I will respond to verbal and nonverbal cues.
12. I will talk about feelings.
13. I will support unique characteristics.
14. I will acknowledge accomplishments.
15. I will engage during one-on-one play.

Environment

Provide a safe, healthy, and loving home setting, both inside and outside.

16. I will keep our home safe.
17. I will create a welcoming space to live.
18. I will keep things organized.
19. I will use what is around us to help my child learn.
20. I will have activities that match interests and skills.
21. I will provide simple choices.



C A R E

GIVING Practices

Make your commitment to these caregiving practices! We invite you to use these as affirmations. Cut this page along the provided lines and post them up somewhere you always see!