



## Train-the-Trainer Event



[www.MoreFLIPIT.org](http://www.MoreFLIPIT.org)

### **COST PER PERSON:**

Early Bird\* \$550

Regular Rate: \$595

\*Early bird rate valid when registering 30 days or more prior to training date.

Get an additional 10% off all registrations for sending 3 or more participants to the same event!

### **REGISTRATION DEADLINE:**

**Friday, October 7, 2016**

The FLIP IT® strategy uses four supportive steps to help young children (3-8 years old) learn about their feelings, gain self-control and reduce challenging behavior.

**What?** Live two-day train-the-trainer event

**Where?** Villanova, PA (a suburb of Philadelphia)

**When?** October 20-21, 2016

**Who?** Directors, Supervisors, Education/ Mental Health/Disabilities Coordinators, Training and Technical Assistance Providers, Early Childhood Mental Health Consultants and others in a role of providing training and technical assistance.

**Why?** To obtain the skills and knowledge to effectively provide training and technical assistance on the use of FLIP IT in classrooms and with families.

**How?** Go to <http://bit.ly/DCRCPD> to sign up now, or see the back of the flyer for more information.

## About the Training:

FLIP IT® is a strategy that offers a simple, kind, strength-based, commonsense and effective four step process for day to day challenges and challenging behaviors from children. The four steps are embodied in the FLIP IT mnemonic which stands for F – Feelings, L – Limits, I – Inquiries, P – Prompts. FLIP IT is nothing new, but transforms best practice into a strategy that is easy to remember, applicable in a variety of challenging situations and portable. Children who are frequently “FLIPPED” become emotionally aware problem-solvers who develop healthy coping skills that will last a lifetime.

## Outcomes for Participants:

- Observe the author deliver the standardized 1 Day FLIP IT Training in order to learn about the strategy and the activities, reflections and techniques used to share it with others.
- Be able to quickly and clearly explain the four FLIP IT steps.
- Feel confident and prepared to answer a variety of challenging questions that arise when teaching FLIP IT
- Become familiar with the FLIP IT Trainer Materials and Reminder Resources.
- Know how to tackle the planning and delivery of a 1 day (6.5 hours) FLIP IT training as well as a 5 (1.5 hour) workshop series.
- Learn how to use the FLIP IT materials in a one-to-one coaching relationships with parents or teachers.
- Receive PowerPoint slides, trainer notes, a copy of FLIP IT: Transforming Challenging Behavior, and much more!

## Travel Information

**Training Location:** Burd Conference Center, 444 Devereux Drive, Villanova, PA 19085, (610) 542-3166.

Once you turn on to Devereux Drive, follow the driveway around to the second building and park in the lot behind the Conference Center.

**Airport:** Philadelphia International Airport (PHL), 29 miles from the site

**Lodging Information:** Limited room block at Best Western Plus, The Inn at King of Prussia, 127 South Gulph Road, King of Prussia, PA , 19406. This hotel is 5 miles from the training site. For reservations, call 610-265-4500. The block room rate is \$109 plus tax/ per night and reservations need to be made by September 28, 2016 to secure this rate. Please make sure to mention the “Devereux Center for Resilient Children” group when booking your lodging .

**Ground Transport:** Renting a car is recommended.

## Registration Information

Sign up online at

<http://bit.ly/DCRCPD>

**Continuing Education:** Continuing education units will be offered through Western Kentucky University for a minimal cost. Certificates of attendance will be given to each participant.

**Cancellation Policy:** If for any reason you are unable to attend the training, you may send someone in your place. \$50 cancellation fee applies up to two weeks prior to the event, no refunds are given for less than two weeks notice.

**Training Times:** Registration (8am-8:30am), Training (8:30am-4:30pm), a light breakfast, lunch and afternoon snack will be included in the registration fee.

**Questions? Contact Debi Mahler (Director of Professional Development, Devereux Center for Resilient Children) at [dmahler@devereux.org](mailto:dmahler@devereux.org) or (610) 574-6141**